What to take to a shelter

- Identification for each family member
- Family/friend/caretaker’s emergency contact information
- 7-day supply of medicine in the original bottles if possible
- Written list of all medications with doctors’ names and phone numbers
- Glasses, dentures, hearing aids
- Medical equipment used on a daily basis (wheelchair, walker, cane, oxygen, catheters, etc.)
- Extra batteries needed for any medical equipment
- Adult diapers or children’s diapers and wipes
☐ Special dietary foods, infant formula

☐ Food and medication for service animal

☐ Clothing for 3-7 days

☐ Pillows

☐ Daily toiletries (toothbrush, toothpaste, comb, soap, washcloth, feminine hygiene products)

☐ Cell phone with charger

☐ Books, games and cards

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